HOSPITAL BAG CHECKLIST:

WHAT YOU REALLY NEED!

Oversized Bag
Nursing Bra
Non-Skid Socks
Bathrobe 60% MORE CEN PLUS always discreet
Dark, comfortable pants
Slippers
Flip-flops
Depends
Perineal spray
Nipple Cream Motherlove NIPPLE CREAM IFLOZ 1795 M. Motherlove NIPPLE CREAM NOTHERLOVE NIPPLE CREAM
Washable Breast Pads New Mama Bottom Spray
Phone Charger (with long cord!)
Snacks
Going home outfit for Mom
Going Home Outfit for Baby SEGG Whites 6 Almonds 4 Cashews
Toiletries/Hair Items
LAURENMCBRIDEBLOG.COM